

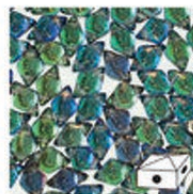
# Wonderful Women, Unite... Superhero Cuff

by Jack Davenport  
featuring



Reversible!

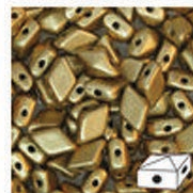
## Materials Needed



**DIAMOND DUO™ 2-HOLE  
BEAD 5X8MM PRISMATIC  
PEACOCK - 50 GRAM BAG  
(APX 340 PCS)**

PRODUCT #: DD/P28102BL/58

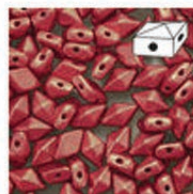
Apx. 86 Beads Needed



**DIAMOND DUO™ 2-HOLE  
BEAD 5X8MM MATTE  
GOLD - 50 GRAM BAG  
(APX 340 PCS)**

PRODUCT #: DD/MGD/58

Apx. 41 Beads Needed



**DIAMOND DUO™ 2-HOLE  
BEAD 5X8MM LAVA RED -  
50 GRAM BAG (APX 340  
PCS)**

PRODUCT #: DD/LVR/58

Apx. 44 Beads Needed



**11/0 GOLD MATTE LOOSE  
CZECH SEED BEADS**

PRODUCT #: SB/0171/11/0

Apx. 82 Beads Needed



**3-ROW SLIDE CLASP  
GOLD PLATE (PRICED PER  
DOZEN)**

PRODUCT #: CL7003/GL



**BEADALON WILDFIRE  
.006 INCH BLACK 50YD**

PRODUCT #: 161T-008

Apx. 96" Needed



**5MM JUMP RING 0.8MM  
WIRE GOLD PLATE  
(1000PC)**

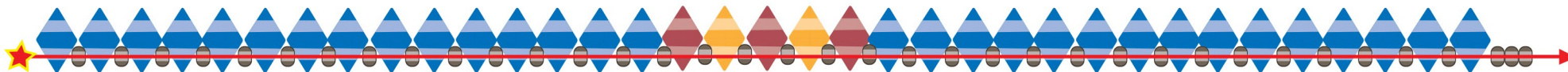
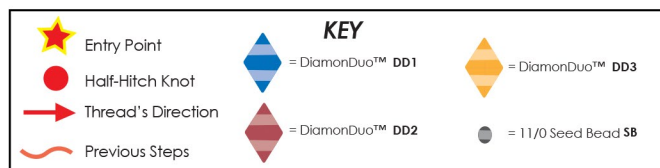
PRODUCT #: JR5MM/GL

3 Pieces Needed

# First Row

## Thread 35 DiamonDuos and Seed Beads

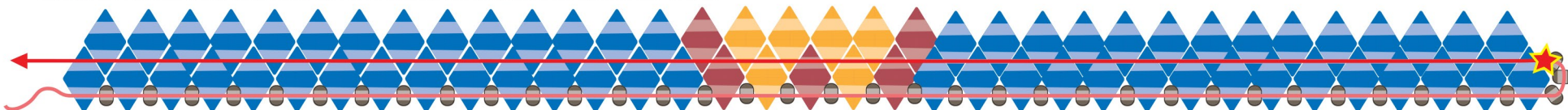
1) Add needle to 96" of thread. Working from left to right, thread 15 DD1 (lower hole), alternating with adding 15 SB. Add DD2, SB, DD3, SB, DD2, SB, DD3, SB, DD2, SB. Thread 15 DD1, alternating with adding 15 SB1. Add 2 SB.



# Second Row

## Pass Back Through DiamonDuos, Adding Second Row

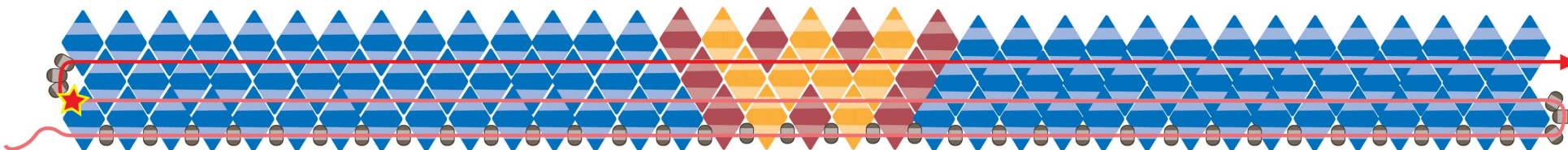
2) Turn thread's direction, moving from right to left. Thread upper hole of most recently added DD1. Add DD1 (lower hole), proceed through adjacent existing DD1 (upper hole). Repeat this step 13 times. Add DD2 (lower hole), thread existing DD2 (upper hole). Add DD3 (lower hole), thread existing DD3 (upper hole), add DD3 (lower hole), thread center DD2 (upper hole). Add DD3 (lower hole), existing DD3 (upper hole), add DD3 (lower hole). Thread existing DD2 (upper hole), add DD2 (lower hole). Thread existing DD1 (upper hole), add DD1 (lower hole). Repeat this last step 13 more times, passing through DD1 (upper hole), and pulling thread to tighten. This completes the second row of DDs.



# Third Row

## Add DiamonDuos, Creating the Third Row

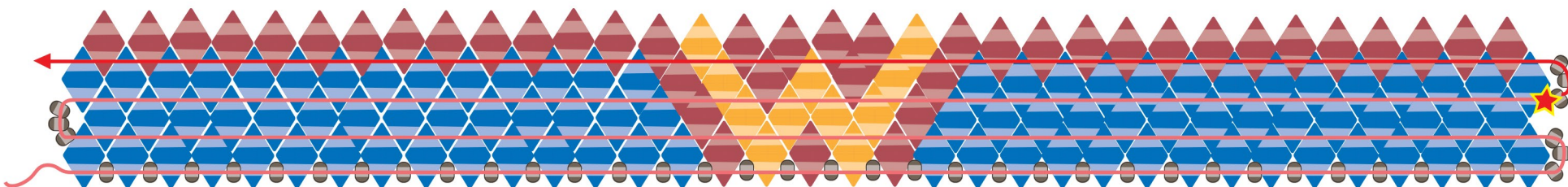
3) Add 3 SBs, turn thread's direction, now moving from left to right. Add DD1 (lower hole), thread adjacent DD1 (upper hole). Repeat this step 13 times, creating the third row of DDs. Add DD 2 (lower hole), thread existing adjacent DD2 (upper hole). Add DD3 (lower hole), thread existing DD3 (upper hole). Add DD2 (lower hole), thread existing adjacent DD3 (upper hole), add center DD3 (lower hole), thread existing DD3 (upper hole). Add DD2 (lower hole), thread existing DD3 (upper hole), add DD3 (lower hole). Thread existing DD2 (upper hole), add DD2 (lower hole). Thread existing adjacent DD1 (upper hole), add DD (lower hole). Repeat this step 13 times, completing the 3rd row.



# Fourth Row

## Add DiamonDuos, Creating the Fourth Row

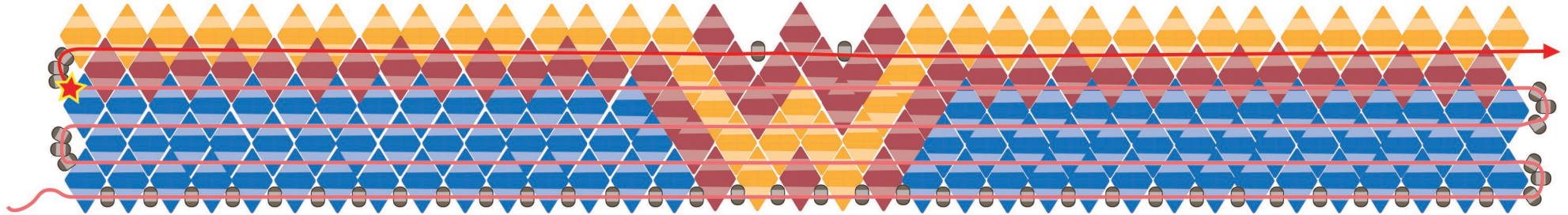
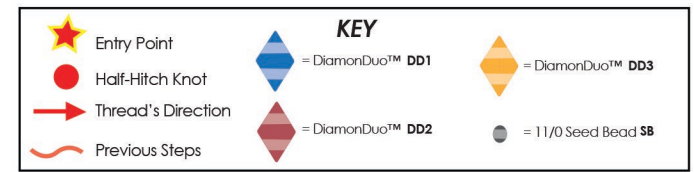
4) Add 3 SBs, turn thread's direction, now moving from right to left. Thread upper hole of recently added DD. Add DD2 (lower hole), thread existing adjacent DD1 (upper hole). Repeat this step 12 more times. Add DD2 (lower hole), thread existing adjacent DD2 (upper hole). Add DD3 (lower hole), thread existing adjacent DD3 (upper hole), add DD2 (lower hole). Thread existing adjacent DD2 (upper hole). Add DD2 (lower hole), Thread existing DD3 (upper hole), add DD2 (lower hole), thread existing DD2 (upper hole), add DD2 (lower hole). Thread existing DD3 (upper hole), add DD3 (lower hole), thread existing DD2 (upper hole). **Add DD2 (lower hole), thread existing adjacent DD1 (upper hole).** Repeat this last step (in bold) 13 more times.



## Fifth Row

### Add DiamonDuos, Creating the Fifth Row

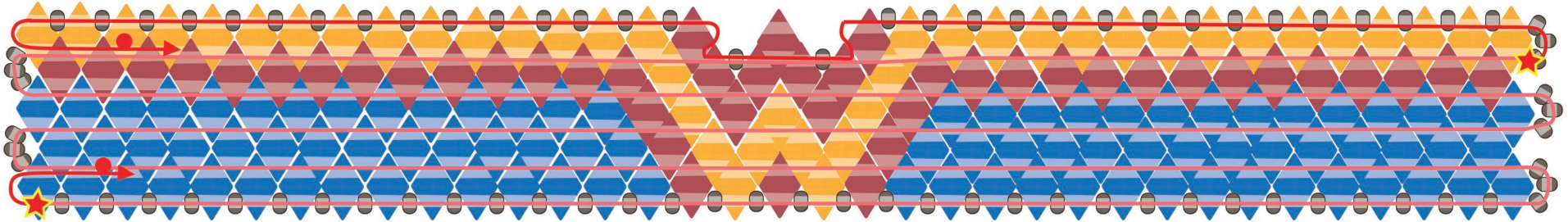
5) Add 3 SBs, add DD3 (lower hole), thread existing adjacent DD2 (upper hole). Repeat this step 13 more times. Add DD3 (lower hole), thread existing DD3 (upper hole). Add DD2 (lower hole), thread existing DD2 (upper hole). Add SB, thread existing adjacent DD2 (upper hole). Add central DD2 (lower hole), thread existing adjacent DD2 (upper hole). Add SB, thread existing adjacent DD2 (upper hole), add DD2 (lower hole). Thread existing adjacent DD3 (upper hole). **Add DD3 (lower hole), thread existing adjacent DD2 (upper hole).** Repeat this last step (in bold) 13 more times. Add DD3 (lower hole).



## Fifth Row Embellishment

### Add Seed Bead Embellishment & Tie Knots

6) Add 3 SBs, turn thread's direction, rethreading outer DD3 (upper hole). Moving from right to left, **Add SB, thread existing adjacent DD3 (upper hole).** Repeat this step (in bold) 13 times. Add SB, thread existing adjacent DD2 (upper hole). Move downward one row, threading existing DD2 (upper hole) in the fourth row. Pass back through existing: SB, DD2 (upper hole), central DD2 (lower hole), DD2 (upper hole), SB, DD2 (upper hole). Move upward one row, threading adjacent DD2 (upper hole) of fifth row. **Add SB, thread existing adjacent DD3 (upper hole).** Repeat this step (in bold) 14 times. Turn thread's direction, rethreading same DD3 (lower hole), pulling thread through 3 DDs. Tie half-hitch knot, pull knot into DD3 (lower hole), cut excess thread. Take tail of thread hanging from original DD, add needle, and pull tail into 3 DDs. Tie half-hitch knot, tuck knot inside adjacent DD1 (lower hole). Cut excess thread.



## Add Clasp & Toggle

### Using Jump Rings, Attach Toggle & Clasp Set

7) To finish, using pliers, open 2 jump rings. Close one each around the 2 seed bead loops on the left side of the bracelet, and the loops on the clasp itself. Open an additional jump ring, close it around the central seed bead loop on the right side of the bracelet, and the central loop on the toggle end.

