



VARIDI LANE

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Illuminate a Superduo necklace for any occasion with shimmering Cymbal™ metal fashion elements.

TECHNIQUE: flat and circular peyote stitch with two-holed beads, two-needle work, jump rings

SKILL LEVEL: intermediate

FINISHED SIZE: about 20 inches (50cm) with a 1.5 inch (40mm) pendant.

CYMBAL metal fashion elements:

19 Cymbal Varidi substitutes (7 on each strap, 5 in pendant)

74 Kaparia sides (38 on each strap)

2 Vourkoti endings

Varidi
Superduo
substitute



Kaparia
Superduo
side



Vourkoti
Superduo
ending



MATERIALS

22g tube SuperDuo color A (purple shown)

22g tube SuperDuo color B (gold shown)

7g tube 11° color A (to match metal)

7g tube 11° color B (to contrast color B

SuperDuo)

7g tube 8° (gold shown)

Clasp of choice and 2 open jump rings

2 size 11 or 12 needles

Fireline 6lb.

Scissor or Thread Zap, Pliers

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TIPS:

- Working with long thread and two needles, it may help to place the piece on your mat, and put down each needle on the left or right as you work.
- Check all holes of multi-holed beads before use to make sure holes are clear.
- If working with two colors of 11°s, use a metal color with the Kaparia side elements to blend as a single component, and a contrasting color on the outer SuperDuos.
- Make sure to string the Varidi substitutes to be face up.

PENDANT TOP

FIGURE 1

1. On a 24-inch thread stringing clockwise, pick up a SuperDuo A and a Varidi Cymbal element four times. Sew clockwise through all beads strung, pulling the ring snug. Knot tail and working thread. Sew again through the first A strung. Reverse direction and sew through the outer open hole of the SuperDuo A.

FIGURE 2

2. String a SuperDuo B. Sew through the next Varidi. String a B, sew through the next SuperDuo. Continue to string a B between each Superduo/Varidi in the ring. After adding the last B, sew through to exit the first B added this step. Reverse direction and sew through the open hole of the B just exited.

FIGURE 3

3. String a SuperDuo A. Sew through the next B from the previous round. String a B, an A, and a B. Skip the Varidi previously strung and sew through the next SuperDuo B. Repeat around alternating between a single color A and the trio of B-A-B, skipping the Varidi where shown in the illustration. You're only sewing through color B SuperDuos.

4. After going all the way around, continue to follow the existing thread path of beads just strung to exit the fourth B added. Reverse direction and sew through the open hole of that SuperDuo.

FIGURE 4

5. String a SuperDuo B and sew through the next SuperDuo A. String a SuperDuo B and sew through the next SuperDuo B (Fig. 4, a-b)

6. String a SuperDuo A and an 8°. Sew through the next SuperDuo A. String an 8° and a SuperDuo A. Sew through the next SuperDuo B (Fig. 4, b-c).

7. Repeat Steps 5 and 6 two more times (Fig. 4, c-d). Repeat just Step 5 once more (Fig.4, d-e). Set aside.

PENDANT BOTTOM

FIGURE 5

8. String a needle on each end of a 24-inch piece of thread to work with a two needle technique. String three SuperDuo As to the middle of the thread. With the right thread (Fig. 5 black thread) sew through the open hole of the SuperDuo being exited (Fig. 5, a). With the left thread (Fig. 5 red thread) sew through the open hole of the left SuperDuo being exited (Fig. 5, b). String a Varidi on one thread and

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crisscross the other thread through the same Varidi hole. (Fig. 5, c). With the thread on the right (black) sew through the SuperDuo (Fig. 5, a). With the thread on the left sew through the SuperDuo (Fig. 5, c).

FIGURE 6

9. On the right thread (red) string a SuperDuo B and three 11°s. Sew back into the open hole of Superduo just strung. String a SuperDuo A and sew through the open Varidi hole. String another SuperDuo A.

10. On the left thread (black) string a SuperDuo B and three 11°s. Sew through the open hole of SuperDuo just strung. Crisscross back through the SuperDuo B, Varidi and Superduo B in the opposite direction of the other thread, through the same holes. Do NOT sew through the SuperDuos with the 11°s. Do not pierce the thread already there.

FIGURE 7

11. Sew the right (black) thread through the open hole of the SuperDuo being exited. Do the same with the left (red) thread. String a new SuperDuo A on the right thread and crisscross the left thread through the same hole in the opposite direction.

FIGURE 8

12. On the right (red) thread exiting a SuperDuo A, string a SuperDuo B and three 11°s. Sew through the open hole of the SuperDuo just exited (Figure 8, a). String a SuperDuo A (Fig. 8, b) and sew through the top SuperDuo A strung in the previous step (Fig. 8, c). String another SuperDuo A (Fig. 8, d) and sew back through its open hole.

13. On the left (black) thread string a SuperDuo B and three 11°s (Fig. 8, e). Sew through the open hole of the SuperDuo just exited. Crisscross back through three SuperDuos (d, c and b). Sew through the open hole of the last SuperDuo exited (b).

JOIN TOP AND BOTTOM PENDANTS

FIGURE 9

14. Bring the two pendant sections together. Fit the two top SuperDuos of the bottom pendant on either side of the bottom middle SuperDuo of the top pendant. Crisscross the two threads from the bottom pendant through that middle SuperDuo of the top pendant, pulling the bottom pendant snug. Secure each thread in the top pendant following existing thread paths and making discreet half hitches. Trim.

15. Use the remaining thread from the top pendant to further secure to the bottom pendant, weaving in thread as in Step 14. End thread and trim.

16. On a new 8-inch piece of thread sew through the open hole of the bottom pendant tip SuperDuo. String three 11°s and sew through all beads again forming a tiny loop of 11°s. Knot the tail and working thread. Weave in ends and trim carefully.

STRAPS

FIGURE 10

17. String a needle on each end of a 2-yard piece of thread. String three SuperDuos colors A, B, and A to the middle of the thread. Sew right thread (black) through the open hole of that SuperDuo (Fig. 10 a). Sew left thread (red) through the open hole of that SuperDuo (Fig. 10, b). String a SuperDuo A (Fig. 10, c) and sew through the previously strung SuperDuo (a). Sew the right thread (black) through two SuperDuos (Fig 10, c and b).

FIGURE 11

18. On the right thread (red) string a SuperDuo B (Fig. 11, a) and three 11°. Sew into the open hole of that SuperDuo. String a SuperDuo A (Fig. 11, b). Sew through the existing SuperDuo (Fig. 11, c).

19. On the left thread (black) string a SuperDuo B (Fig. 11, d) and three 11°. Sew into the open hole of that SuperDuo. String a SuperDuo A (Fig. 11, e).

20. Crisscross each thread through the middle SuperDuo (Fig. 11, c) and through each side's respective newly strung SuperDuos. Sew the right thread (black) through the newly strung SuperDuo (Fig. 11, b) and the left thread (red) through the other SuperDuo (Fig. 11, e). Do NOT sew through the SuperDuos with 11°s (Fig. 11, a and d).

FIGURE 12

21. With the right thread (black) sew through the open hole of the SuperDuo being exited. Do the same with the left (red) thread. String a Varidi. And sew through the SuperDuo on the right. On the left thread and crisscross through the Varidi with the right thread. Sew through the SuperDuo on the left.

FIGURE 13

NOTE: String the Kaparia side elements so the flat side sits against the SuperDuos.

22. On the right (red) thread string a Kaparia side element and an 11°. Sew back through the open hole of the Kaparia. String a SuperDuo A (Fig. 13, a) and sew through the Varidi. Pull the beads to sit snug. String a SuperDuo A (Fig. 13, b).

23. On the left (black) thread string a Kaparia side element and an 11°. Sew back through the open hole of the Kaparia. Sew through the SuperDuo (Fig. 13, b) and crisscross through the Varidi and the SuperDuo on the right (Fig. 13, a).

FIGURE 14

24. Sew the right (black) thread through the open hole of the SuperDuo being exited. Do the same with the left (red) thread through the open hole of the SuperDuo it is exiting. String a new SuperDuo A on the right thread and sew through the left SuperDuo (Fig. 14, b). Crisscross the left thread through the same hole in the opposite direction, and exit through the right SuperDuo (Fig. 14, a).

FIGURE 15

25. Repeat steps in Figures 13 and 14.

FIGURE 16

NOTE: This step repeats Step 21 (Fig. 12) but replaces the Varidi with a SuperDuo B.

26. With the right thread (black) sew through the open hole of the SuperDuo being exited. String a SuperDuo B and sew through the SuperDuo A on the left. With the left thread (red) sew through the open hole of the SuperDuo being exited. Crisscross through the new Superduo B and sew through the Superduo A on the right.

27. Repeat from Step 22 to 26 until you have a strap with seven Varidi elements and eight SuperDuo Bs down the middle of the strap.

CLASP END

FIGURE 17

28. After adding the seventh Varidi, repeat Figures 15 and 16 alternating color A and B SuperDuos for six more color B SuperDuos, ending with a SuperDuo A in the middle and two SuperDuo As beyond that.

29. With the right (red) thread exiting a SuperDuo A (Fig. 17, a), string one Vourkoti ending. Sew through the other top SuperDuo A (Fig. 17, b). With the left (black) thread sew in the opposite direction through the Vourkoti and the SuperDuo A (Fig. 17, a).

30. String a 11° on the right thread and a 11° on the left thread.

FIGURE 18

31. With the left (red) thread sew back into the SuperDuo just exited (Fig. 18, b), through the Vourkoti, through the other SuperDuo (Fig. 18, a), and back into the other hole of the SuperDuo being exited. The thread will wrap around the outside of the SuperDuo but won't be noticeable. Continue to follow existing thread path into the beadwork to secure the thread and trim. Repeat with right (black) thread.

JOIN STRAP TO PENDANT

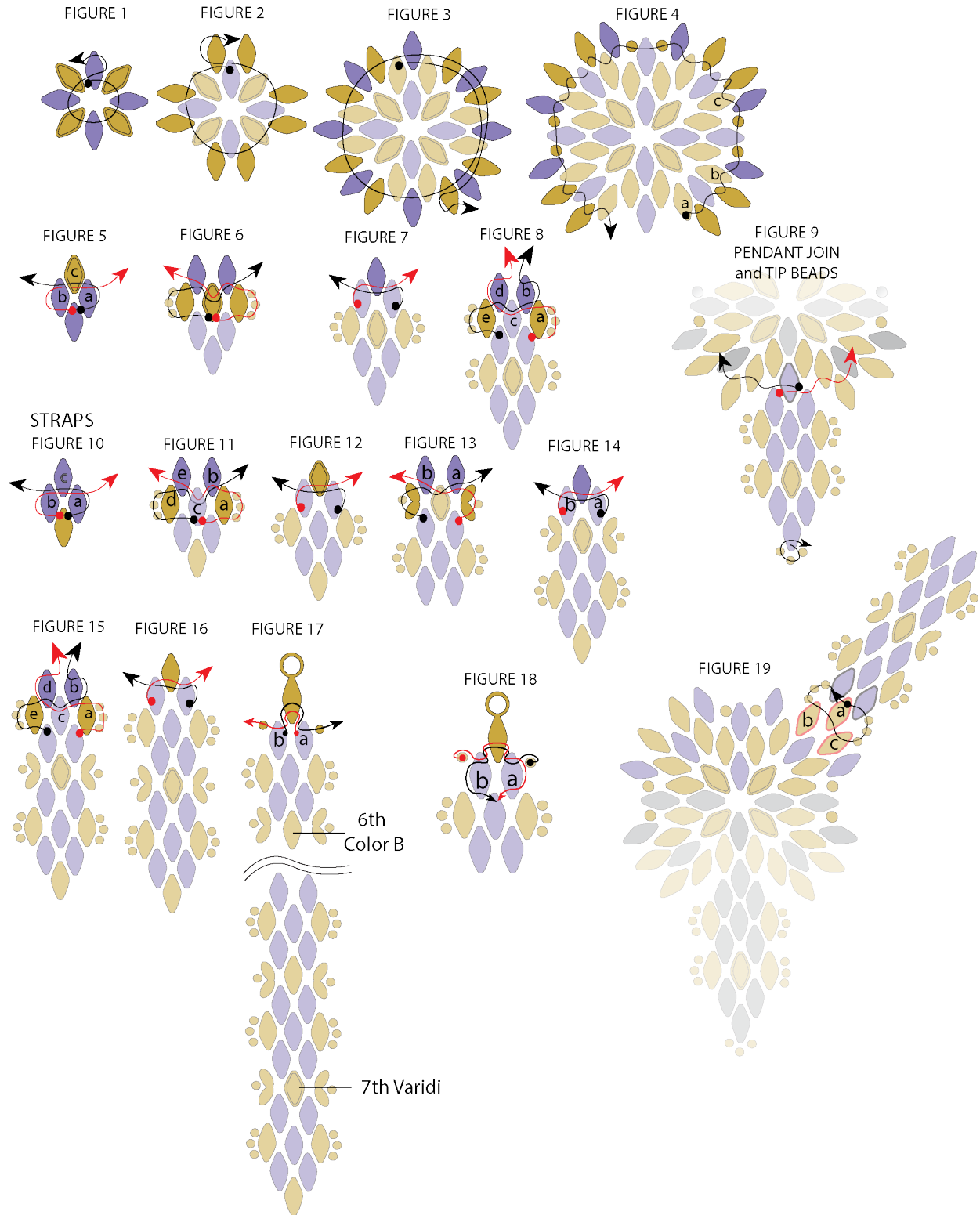
FIGURE 19

Position the non-clasp end of one strap so its end SuperDuo B (Fig. 19, a) fits between the end two SuperDuos Bs on the pendant (Fig. 19, b and c). Make sure the strap Varidis and pendant Varidis are face up.

32. String a needle on a new 8-inch piece of thread. Leaving a four-inch tail sew in a loop from SuperDuo (a) through the next SuperDuo A, three 11°s, SuperDuo (b) SuperDuo (a), SuperDuo (c), three 11°s, and the next SuperDuo A. Repeat the thread path and knot the tail to the working thread. Weave in both working thread and tail to secure and trim.

33. Repeat Steps 17 to 32 to create and attach the other strap to the end SuperDuo Bs on the other side of the pendant.

34. Use jump rings to attach a clasp to the end Vourkotis.



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